

# Leaving Egypt Behind – Part 2

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TEXT: Hebrews 4:1-11

**LETTER A: Kadesh Barnea—the Jordan River—represents \_\_\_\_\_, the crisis of \_\_\_\_\_ God to move \_\_\_\_\_ in faith ... or \_\_\_\_\_ back due to \_\_\_\_\_.**

**LETTER B: “Canaan” — “The Promised Land,” is the \_\_\_\_\_ that God has for \_\_\_\_\_ believer. Canaan is the \_\_\_\_\_, Holy Spirit-filled life that God \_\_\_\_\_ every believer to.**

## **Hebrews 4:1-11**

**1** *Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it.*

**2** *For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it.*

**3** *For we who have believed do enter that rest, as He has said: “So I swore in My wrath, “They shall not enter My rest,”” although the works were finished from the foundation of the world.*

**4** *For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works”;*

**5** *and again in this place: “They shall not enter My rest.”*

**6** *Since therefore it remains that some must enter that rest, and those to whom it was first preached did not enter because of disobedience,*

**7** *again He designates a certain day, saying in David, “Today,” after such a long time, as it has been said: “Today, if you will hear His voice, do not harden your hearts.”*

**8** *For if Joshua had given them rest, then He would not afterward have spoken of another day.*

**9** *There remains therefore a rest for the people of God.*

**10** *For he who has entered His rest has himself also ceased from his works as God did from His.*

**11** *Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.*

## Five Truths About Rest

**TRUTH #1: God \_\_\_\_\_ at creation to give us a \_\_\_\_\_.**

### **Genesis 2:2-3**

**2** *And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done.*

**3** *Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made.*

### **Psalm 121:4**

**4** *Behold, He who keeps Israel shall neither slumber nor sleep.*

**LETTER C: If you \_\_\_\_\_ your fingers to the bone, and \_\_\_\_\_ stop to rest and relax, you will \_\_\_\_\_ God's \_\_\_\_\_ for your life.**

**TRUTH #2: Israel kept the Sabbath as a \_\_\_\_\_ of their \_\_\_\_\_ with God.**

### **Exodus 31:16-17**

**16** *Therefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations as a perpetual covenant.*

**17** *It is a sign between Me and the children of Israel forever; for in six days the Lord made the heavens and the earth, and on the seventh day He rested and was refreshed.”*

**TRUTH #3:** The Israelites found \_\_\_\_\_ when they occupied the \_\_\_\_\_.

**Joshua 21:43-45**

**43** *So the Lord gave to Israel all the land of which He had sworn to give to their fathers, and they took possession of it and dwelt in it.*

**44** *The Lord gave them rest all around, according to all that He had sworn to their fathers. And not a man of all their enemies stood against them; the Lord delivered all their enemies into their hand.*

**45** *Not a word failed of any good thing which the Lord had spoken to the house of Israel. All came to pass.*

**ASK YOURSELF:** Am I completely \_\_\_\_\_ out to God ... or am I a \_\_\_\_\_ out?

**TRUTH #4:** We find perfect \_\_\_\_\_ when we \_\_\_\_\_ to Jesus.

**Hebrews 4:3**

**3** *For we who have believed do enter that rest ...*

**Matthew 11:28-29**

**28** *Come to Me, all you who labor and are heavy laden, and I will give you rest.*

**29** *Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.*

**LETTER D:** The Land of \_\_\_\_\_ is Christ. He is our Land of \_\_\_\_\_.

**TRUTH #5:** Our Sabbath Day is every day that \_\_\_\_\_ and \_\_\_\_\_ ... and \_\_\_\_\_ upon God for our \_\_\_\_\_ ... and for our \_\_\_\_\_.

**Hebrews 4:9-10**

**9** *There remains therefore a rest for the people of God.*

**10** *For he who has entered His rest has himself also ceased from his works as God did from His.*