

How to Have Joy All Year Long

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TEXT: Philippians 4:1-9

Christian Attitudes:

ATTITUDE #1: _____.

Philippians 4:1

1 *Therefore, my beloved and longed-for brethren, my joy and crown, so stand fast in the Lord, beloved.*

- 1 Corinthians 15:58: “... *be steadfast, immovable ...*”
- 1 Corinthians 16:13: “*Stand fast in the faith.*”
- Galatians 5:1: “*Stand fast ... and do not be entangled again with a yoke of bondage.*”
- Ephesians 6:11: “... *stand against the wiles of the devil.*”
- Ephesians 6:13: “*Having done all, to stand.*”
- Ephesians 6:14: “*Stand ... having girded your waist with truth.*”
- Philippians 1:27: “*Stand fast in one spirit.*”
- Colossians 4:12: “*Stand perfect and complete in all the will of God.*”
- 2 Thessalonians 2:15: “*Stand fast and hold to the truth you were taught.*”

ATTITUDE #2: _____ **Your** _____.

Philippians 4:2-3

2 *I implore Euodia and I implore Syntyche to be of the same mind in the Lord.*

3 *And I urge you also, true companion, help these women who labored with me in the gospel, with Clement also, and the rest of my fellow workers, whose names are in the Book of Life.*

Six Principles for Handling Our Interpersonal Problems:

PRINCIPLE #1: Separate _____ from _____.

PRINCIPLE #2: Be _____ to _____ forgiveness.

PRINCIPLE #3: Look for opportunities to _____ in _____ ways.

PRINCIPLE #4: _____ for the _____ of the _____ person.

PRINCIPLE #5: Ask God to _____ from your heart.

PRINCIPLE #6: Ask a friend to _____ you _____ in this area.

ATTITUDE #3: _____ to _____.

Philippians 4:4

4 *Rejoice in the Lord always. Again I will say, rejoice!*

ATTITUDE #4: Ask God for a _____.

Philippians 4:5

5 *Let your gentleness be known to all men. The Lord is at hand.*

ATTITUDE #5: _____ about _____.

Philippians 4:6-7

6 *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

7 *and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

Three Pieces of Advice for Worriers:

Advice #1: Pray about _____ — *“in everything by prayer and supplication”*

Advice #2: Pray with _____ — *“with thanksgiving”*

Advice #3: Pray with _____ — *“let your requests be known to God”*

ATTITUDE #6: Think _____.

Philippians 4:8-9

8 *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

9 *The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*